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HEALTH FACILITIES MONITOR

What You Need to Know Now

REAL ESTATE TRENDS

Healthcare Real Estate Report Confirms Trend Toward Outpatient Care

Occupancy in outpatient healthcare real estate remains extremely strong, exceeding 92% in many major markets, according to information from the 2026 Revista Medical Real Estate Investment Forum.

[Healthcare Finance](#), [Colliers](#), [Healthcare Real Estate Insights](#)

Hospital Margins Are Threatened as Surgeries Move Outpatient

Surgeries have increasingly gone outpatient or moved to ambulatory surgery centers as technology like robotic-assisted surgery has made procedures easier and safer. Starting this year, the Centers for Medicare and Medicaid Services made a change that may speed up that transition even more.

[Healthcare Brew](#)

Demand For Outpatient Medical Buildings Growing, Say CBRE, JLL

The average fit-out cost to turn space into a medical office building is \$412 per square foot, not counting structural upgrades, according to an analysis.

[Construction Dive](#)

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FINANCE & OPERATIONS

Improving the Budget Process for Facilities

Improving the budget process requires disruption and acknowledgement that underfunding stewardship increases risk to business continuity and quality patient care.

Health Facilities Management

“Bigger was Better” for Debt in 2025

Portfolio deals made a big comeback in 2025, especially in the second half of the year. The return of the portfolio, as it turns out, was a big driver in the increase in MOB sales in 2025, as the total for the year rose to its highest yearly level (arm’s length volume) since 2022, reaching \$12.7 billion.

Healthcare Real Estate Insights

3 Big Questions Surrounding the Rural Health Transformation Program

As funds begin flowing to states through the five-year, \$50 billion Rural Health Transformation Program, hospital leaders are confronting a central question: Will the initiative meaningfully stabilize struggling providers — or will it fall short of offsetting an estimated \$137 billion in Medicaid cuts to rural communities over the next decade?

Becker’s Hospital Review



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TECHNOLOGY & INNOVATION

Inside Advocate Health’s “Hospital Room of the Future”

In five to 10 years, a hospital room could look very different. Advocate Health is piloting the room of the future at two hospitals in Charlotte, N.C. The concept integrates advanced artificial intelligence capabilities, virtual nursing and audio, video and sensor data for intelligent patient monitoring, creating an extra set of eyes and ears for care teams.

Fierce Healthcare

MedStar Health Deploys Smart Devices for Concierge Medicine Patients

Columbia, Md.-based MedStar Health is adopting connected devices from Withings Health Solutions for its concierge medicine service. Signature by MedStar Health will offer members complimentary devices such as a cellular blood pressure monitor and a cellular scale.

Becker’s Health IT

SAFETY & SECURITY

A Nurse-Led Violence Prevention Program That Cut Incidents to Zero

WakeMed Raleigh (N.C.) has gone 20 consecutive months — and counting — without a single workplace violence incident on its medical-surgical unit. It is all thanks to a program created by three nurse leaders. The program started with a partnership between med-surg and psychiatric nurses.

Becker’s Clinical Leadership

Hospitals Urged to Review Cybersecurity Amid Iran Conflict

Hospitals and health systems should increase cybersecurity and physical security vigilance amid the ongoing conflict involving Iran, John Riggi, national adviser for cybersecurity and risk at the American Hospital Association, told Becker's.

[Becker's Health IT](#)

2026 Call for Speakers & Industry Partners

We are seeking subject matter experts for curated roundtables, teams, or standalone presentations to provide insights on forward thinking ideas, innovative projects, money-saving solutions, and regulations and guidelines.

2026 Hospital, Outpatient Facilities & Medical Office Buildings Summits

What's Next for Healthcare Facilities

Addressing Vital Economic, Design, Construction, Workforce, and Operational Challenges

Planning, Real Estate, Design, Construction, and Operation of
Hospitals | Clinics | ASCs | MOBs | Tele, Home & Mobile Health | Non-Clinical | Academic & Research Facilities

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NORTHEAST
SOUTHEAST
CAROLINAS
FLORIDA

MIDWEST
SOUTHWEST
TEXAS
WEST
CALIFORNIA

- **NATIONAL**

CHS Sells Ambulatory Diagnostics Segment to Labcorp for \$194M

Community Health Systems (CHS) has sold some of its laboratory services to Labcorp, a North Carolina-based diagnostics company in a deal worth \$194 million. The all-cash acquisition impacts laboratories in 13 states.

[Health Exec](#)

From 139 Hospitals to 90: How Ascension Is Redefining Growth

Three years ago, Ascension's hospital portfolio included roughly 139 hospitals. That has decreased to 90 wholly owned or consolidated hospitals. The system has begun positioning itself for selective growth, Amber Sims, executive vice president and chief strategy and growth officer, told Becker's.

[Becker's Hospital Review](#)

2026 Hospital Construction Survey

This annual study highlights the need for security and cybersecurity planning.

[Health Facilities Management](#)

A Cultural Shift with Pull Planning to Transform Healthcare Projects

Traditional design-first approaches too often miss the realities of construction, procurement and activation. An alternative is emerging: full project pull planning.

[Medical Construction & Design](#)

- **NORTHEAST**

New York Hospital Clears Site for ASC in \$1B Plan

New York state has approved demolition of a condemned parking garage at SUNY Downstate Health Sciences University in Brooklyn, a step in advancing a planned \$1.1 billion campus overhaul that includes building an ASC.

[Becker's ASC Review](#)

Central Maine Healthcare Acquired by Prime Healthcare Foundation

Central Maine Healthcare has been acquired by California-based Prime Healthcare Foundation, expanding the foundation's footprint to 21 hospitals across eight states. Prime intends to invest \$150 million over the next five years in facility improvements and to expand services based on community needs.

[Healthcare Finance](#), [Becker's Hospital Review](#)

UConn Health Launches Community Network After Hospital Acquisition

Farmington, Conn.-based UConn Health completed its acquisition of Waterbury (Conn.) Hospital from bankrupt Los Angeles-based Prospect Medical Holdings on March 1, establishing the UConn Health Community Network.

[Becker's Hospital Review](#)

Boston Realty Investment Firm Buys Stamford Medical Office Buildings for \$17M

Boston-based private equity real estate firm Albany Road-Summer Street LLC has purchased three medical office buildings in Stamford, Conn., for \$17 million. The seller was Summer Street Properties LLC.

[Hartford Business](#), [ConnectCRE](#)

Northwell Acquires Orthopedic MOB for \$9.5M

New Hyde Park, N.Y.-based Northwell Health has purchased a 17,714-square-foot medical office property in Merrick, N.Y., from Berkeley Capital for \$9.5 million.

[Long Island Business News](#), [Becker's ASC Review](#)

RWJBarnabas to Open Multispecialty Ambulatory Care Center

West Orange, N.J.-based RWJBarnabas Health is making progress on the construction of its new 67,000-square-foot multispecialty center in Howell, N.J. The system held a topping-out ceremony Jan. 21 for the three-story facility.

[Becker's ASC Review](#)

- **SOUTHEAST**

Baptist Memorial and AMMC Finalize Merger

Memphis-based Baptist Memorial Health Care and Arkansas Methodist Medical Center of Paragould, Ark., have finalized plans to merge, increasing Baptist Memorial's hospitals to 25 and solidifying the organization's position as one of the largest not-for-profit health care systems in the United States.

[Jonesboro Right Now](#), [Baptist Memorial](#)

CHS to Sell 4 Arkansas Hospitals to Missouri System

Franklin, Tenn.-based Community Health Systems has signed a definitive agreement to sell four Arkansas hospitals to Freeman Health System for \$112 million.

[Becker's Hospital Review](#), [TB&P](#), [KOAM News](#), [Springdale Today](#)

VCU Health Top Offs Ambulatory Surgery Center and Medical Office Building in Chesterfield

The final beam has been placed on the VCU Health's new Chesterfield Pavilion. The Chesterfield Pavilion will be a four-story, approximately 100,000-square-foot ambulatory surgery center and medical office building.

[VCU Health](#)

OrthoArkansas Breaks Ground on 47K-Square-Foot ASC

Little Rock-based OrthoArkansas began construction on a new surgery center in North Little Rock, Ark. The more than 47,000-square-foot center will include 10 operating rooms, 20 per-operative bays, 20 post-anesthesia care unit recovery bays and three overnight stay rooms.

[Becker's ASC Review](#), [Arkansas Money & Politics](#)

\$19M Expansion, Renovation Complete at Crisp Regional Hospital in Georgia

An expansion and renovation project at Crisp Regional Hospital in Cordele, Ga., is complete. The \$19 million project included the addition of two stories totaling 15,000 square feet and the renovation of existing PACU and post-op spaces at the 35-year-old hospital.

[Medical Construction & Design](#)

Alabama System to Build \$14M Outpatient Facility

Huntsville, Ala.-based Huntsville Hospital Health System plans to build a \$14 million outpatient medical center. The 10,000-square-foot facility will be located on a 20-acre site and ground is expected to be broken on the project in May.

[Becker's ASC Review](#), [WHNT](#)

- **CAROLINAS**

MUSC Board Green-Lights \$1.1B Cancer Hospital

The Medical University of South Carolina board of trustees has advanced plans to build a new cancer hospital in Charleston. The hospital will anchor a hub-and-spoke model aimed at centralizing the system's inpatient and outpatient oncology services.

[Becker's Hospital Review](#)

Novant Health Outlines \$1 Billion Expansion in Southeastern North Carolina

Novant Health plans to invest more than \$1 billion over the next five to seven years to expand heart and vascular services, build a new rehabilitation hospital and reconfigure portions of its Wilmington, N.C., campus.

[DOTmed](#), [Healthcare Facilities Today](#), [WilmingtonBiz](#)

MUSC Health Buys Primary Care Group for \$111M

Charleston, S.C.-based MUSC Health has acquired the state's largest independent primary care group for \$111 million. Palmetto Primary Care Physicians is the largest independent multispecialty practice in South Carolina. Under the deal, the group will become a nonprofit entity within MUSC Health.

[Becker's Hospital Review](#)

FirstHealth Moore Regional Hospital-Hoke Breaks Ground on Addition

FirstHealth has broken ground on the FirstHealth Moore Regional Hospital – Hoke addition and renovation in Raeford, N.C. The \$50 million, 50,000-square-foot facility will include a two-story addition. It is scheduled for completion in 2027.

[GroundBreak Carolinas, Medical Construction & Design, AL.com](#)

Carteret Health Care Breaks Ground on \$50M Outpatient Campus, ASC

Morehead City, N.C.-based Carteret Health Care has broken ground on a \$50 million outpatient campus in Cedar Point, N.C. The 50,000-square-foot project will house an ASC, a freestanding emergency department, advanced diagnostics and primary and specialty care.

[Becker's ASC Review](#)

Construction on Future Simulation Hospital Reaches Important Milestone

The final beam has been secured atop what will soon be one of the largest and most comprehensive simulation hospitals in the United States. The three-story, 106,000-square-foot Perry Family Simulation Hospital in Raleigh, N.C., will enable Wake Tech to train more health care professionals in a comprehensive, realistic setting.

[Wake Tech](#)

North Carolina's Research Triangle Sees Big Investments Despite NIH Cuts

The biotech industry tends to cluster around universities and hospitals, while benefiting from pooling staff and cross collaboration. The Research Triangle in North Carolina is no exception. The area had seven deals worth \$60.2 million in 2025, according to data provided to Healthcare Brew by venture fund and advisory firm Rock Health.

[Healthcare Brew](#)

- **FLORIDA**

Good Samaritan Medical Center Plans Massive Redo

Good Samaritan Medical Center is redoing its West Palm Beach, Fla., campus with plans to build a new hospital and medical office tower, rental housing, two luxury condominiums, a hotel and a mixed-use complex along the waterfront. The project, estimated to cost between \$2 billion and \$3 billion, is being done in conjunction with a new entity called Easton Street Capital.

[The Palm Beach Post, ABC 25 News](#)

Cleveland Clinic to Build 200-Bed Hospital, ASC in Florida

Cleveland-based Cleveland Clinic is expanding its Florida footprint with plans to build a \$500 million, 200-bed hospital in West Palm Beach, marking its 24th hospital systemwide. The new hospital is expected to open at the end of 2029. In advance of the hospital's opening, Cleveland Clinic plans to open a new outpatient center and ambulatory surgery center that will nearly quadruple the size of the system's current facility in the area.

[Becker's Hospital Review, Cleveland Clinic](#)

Turner Breaks Ground on \$500M Florida Hospital

Baptist Health Sunrise in western Broward County will include a 30-bed emergency department and robotic-assisted capabilities in four surgical suites.

[Construction Dive](#)

- **MIDWEST**

OSU Wexner Medical Center Opens \$1.9B Hospital

Columbus-based The Ohio State University Wexner Medical Center opened its new \$1.9 billion, 382-bed University Hospital. The 1.9 million-square-foot, 26-story hospital has 820 private rooms.

[Becker's Hospital Review](#), [Healthcare Facilities Today](#), [Wexner Medical Center](#)

St. Jude Plans \$810M Research Center

Memphis, Tenn.-based St. Jude Children's Research Hospital plans to build an \$810 million research center on its main hospital campus. The 17-story, 865,000-square-foot facility is expected to be completed in 2029.

[Becker's Hospital Review](#)

Trinity Health to Open \$229M Michigan Hospital

Trinity Health will open a new \$229 million hospital in Brighton, Mich., on April 19. Trinity Health Livingston will replace the system's current hospital in Howell, Mich, about eight miles away. The four-story, 174,000-square-foot campus expands short-stay and surgical capacity.

[Becker's Hospital Review](#)

Behavioral Health & Wellness Center Opens at Children's Nebraska

The \$114 million Behavioral Health & Wellness Center at Children's Nebraska in Omaha has opened. The facility is the first in the region to provide the full spectrum of mental health services to meet the growing needs of children and adolescents.

[Medical Design & Construction](#)

Construction Complete on \$105M Hospital in Rural Northwest Kansas

Citizens Health, a healthcare provider serving northwest Kansas, has completed construction of a new medical center replacement hospital in Colby, Kan. The approximately 171,000-square-foot, single-story, 25-bed hospital represents a \$105 million investment.

[REJournals](#), [Healthcare Facilities Today](#)

PGIM Sells Chicago Medical Building

A joint venture between Farpoint Development and The Landes Group has acquired Silver Cross Hospital's Pavilion A, a 175,000-square-foot medical outpatient facility in New Lenox, Ill. PGIM Real Estate sold the Chicago-area asset. The property previously traded in 2013 for \$73 million.

[Commercial Property Executive](#), [Healthcare Real Estate Insights](#)

UM Health-Sparrow Plans \$60M ASC

Lansing, Mich.-based UM Health-Sparrow plans to build a \$60 million ASC. The project is part of a broader expansion that also includes an \$83 million behavioral health hospital. Both facilities are expected to break ground this summer and open in 2028.

[Becker's ASC Review](#), [UM Health](#)

OhioHealth Dublin Methodist Hospital Breaks Ground on Expansion

OhioHealth Dublin Methodist Hospital has started a major expansion designed to meet the needs of a rapidly growing community. The hospital will be a total of 185,700 square feet, including 58,150 square feet of renovated space. The renovation is expected to be completed

in 2029.

[OhioHealth](#)

Chippewa Falls Aspirus Hospital and Clinic to be Complete September 2026

Aspirus Health says construction for its new hospital and clinic in Chippewa Falls, Wis., will be done by September. Work on the 35,000-square-foot hospital started soon after the announcement of the closure of HSHS hospitals in the area. A groundbreaking was held back in August.

[WEAU](#), [WQOW](#), [Aspirus Health](#)

BVRMC Moves Forward with \$20M Medical Office Expansion Plan

Buena Vista Regional Medical Center in Storm Lake, Iowa, is building a new medical office building on its hospital campus. The roughly 30,000-square-foot facility will bring UnityPoint Clinic Family Medicine providers and the BVRMC Pharmacy under one roof.

[Storm Lake Radio](#)

- **SOUTHWEST**

Valencia County Hospital Contract Approved

The Valencia County (N.M.) Commission has approved an operating agreement with Brazos Health Partners for the new Valencia County Hospital. Construction on the 40,000-square foot, single-story hospital is slated to be completed by the middle of this year.

[Valencia County News-Bulletin](#)

Woodside Health Buys Phoenix MOB

Woodside Health has acquired Greenfield Medical Office Building, a 29,828-square-foot medical outpatient facility in Gilbert, Ariz., near Phoenix. McDowell Enterprises previously owned the asset, according to Yardi Matrix information.

[Commercial Property Executive](#), [Becker's ASC Review](#)

- **TEXAS**

Investment Firm Purchases \$100M in Healthcare Properties

Real estate investment firm Big Sky Asset Management has acquired five healthcare real estate assets. The acquisitions total more than \$100 million and encompass nearly 200,000 square feet across five properties in Texas.

[Becker's ASC Review](#)

UMH's New Building 65 Percent Complete

As construction on Uvalde (Tx.) Memorial Hospital's new 87,000-square-foot medical office building nears completion, work on the walking trails and ball parks is underway. The current estimated cost of the entire project is about \$94 million, nearly \$10 million more than the \$84 million estimate the project had when construction began in March 2025.

[Uvalde Leader-News](#)

Tenet Deal Could Merge Texas Hospitals

Nacogdoches (Texas) County Hospital District is eyeing a new lease agreement with Dallas-based Tenet Healthcare that would merge Nacogdoches Memorial Hospital with Nacogdoches Medical Center. Under the proposed deal, the two hospitals would operate under unified

management.

[Becker's Hospital Review, KTRE](#)

- **WEST**

MultiCare to Open New \$480M Mary Bridge Children's Hospital in Tacoma

After six years of work, MultiCare is ready to open the new Mary Bridge Children's Hospital in Tacoma, Was. The final price tag hit \$480 million, well above the original estimate of \$344 million.

[MyNorthwest](#)

USDA Opens New Critical Access Hospital in Harlowton

The U.S. Department of Agriculture Rural Development has opened a new medical facility for Wheatland Memorial Healthcare, doing business as Vista Plains Health, in Harlowton, Mont. USDA Rural Development invested more than \$17.7 million in loans and grants to help build the new 38,000 square foot critical access hospital.

[USDA](#)

- **CALIFORNIA**

Kaiser Hospital Project Advances on California Street

A long-planned Kaiser Permanente hospital campus in Redlands, Calif., moved a step closer to reality as the Redlands Planning Commission unanimously recommended approval of a 36.5-acre medical center expansion. The project, known as the Kaiser Redlands Medical Center Project, would transform Kaiser's existing medical office site at 1301 California St. into a nearly 1 million-square-foot medical campus built in up to four phases over several decades.

[Redlands News, Becker's ASC Review](#)

Commission OKs Expanded Plans for Morgan Hill Medical Campus

The Planning Commission in Morgan Hill, Calif., has recommended approval of a significantly expanded Rosewood Medical Campus with added restrictions on non-medical uses. The master plan would more than double the allowable medical and commercial floor area from 125,000 to 275,000 square feet on the 9.61-acre site. Sutter Health, which opened a primary care clinic at the adjacent existing medical office building in March 2025, owns the property.

[Morgan Hill Times](#)

UC Los Angeles Health Gifted \$100M for Mental Health Campus

University of California Los Angeles Health has received a \$100 million gift from Steward and Lynda Resnick to expand behavioral healthcare services and support completion of its neuropsychiatric hospital and comprehensive mental health campus.

[Becker's Behavioral Health](#)

Do you have a newsworthy item to share? [SUBMIT HERE](#)

MORE TO EXPLORE

- The Hospital of the Future Should Look Very Different - [Medical Economics](#)
- New Healthcare Private Equity Reporting Requirements Set To Go Into Effect - [Health Exec](#)
- The Aging Population Trend CFOs Can't Ignore - [Becker's Hospital Review](#)
- The First Barrier to Care: The Parking Garage - [Healthcare Business Today](#)
- DNV and Joint Commission Update Their Physical Environment Standards - [Health Facilities Management](#)

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CALENDAR OF EVENTS

Rethinking Best Practices: IFHE World Congress Connects Healthcare Facilities Decision-Makers Worldwide

During his tenure as vice president of engineering and facility management for HCA Healthcare, Brian Weldy liked to encourage his team to look beyond best practices: “The best practice is like the best standard: there are so many from which to choose.” Instead, he preferred to focus on “the leading practice. Look for who is changing the way we do maintenance or capital reinvestment or deal with staffing shortages.”

[FMLink](#)

2026 IFHE World Congress Brings Global Healthcare Perspective to HCD

The International Federation of Healthcare Engineering hosts its 29th World Congress alongside the Healthcare Design Conference + Expo Oct. 17-20 in New Orleans, Louisiana.

Global leaders across healthcare engineering, real estate, planning, design, construction and

operations will come together to shape the future of care environments. The event is hosted by the Association of Medical Facility Professionals, the U.S. representative to IFHE, in partnership with EmeraldX.

Medical Construction & Design

Practical Insights for Building Healthcare Facilities on Tribal Land

Organized by AMFP Arizona

March 12, 2026 – Arizona

Environments for Aging Conference & Expo

Organized by Emerald Expo

March 16-18, 2026 - Phoenix

Designing for Health Beyond Walls: Social Drivers of Health in Healthcare Design, Construction, and Community Impact

Organized by AMFP Northeast Ohio

March 18, 2026 – Cleveland

Building for the Future: Capital Planning & Project Delivery in Healthcare

Organized by AMFP

March 19, 2026 - Blue Ash, Ohio

Project Tour: Novant Health Matthews Vertical Expansion & Bed Tower Addition

Organized by AMFP Charlotte

March 19, 2026 - Matthews, N.C.

From Data to Delivery: Shaping Hospital Strategy

Organized by AMFP Alabama

March 19, 2026 - Mobile, Ala.

Modular Construction - Best Practices for Operating Rooms

Organized by AMFP Michigan

March 19, 2026 - Troy, Mich.

A Deep Dive into the NJ DCA Review Process

Organized by AMFP North/Central New Jersey

March 20, 2026 – Online

ASHRAE Guideline 241 Panel Discussion & Networking Event

Organized by AMFP and ASHRAE

March 24, 2026 – Philadelphia

Pathways in Healthcare Design: Speed Mentoring

Organized by AMFP DC/Baltimore

March 24, 2026 - Washington, D.C.

South Florida A/E/C Healthcare Summit

Organized by AMFP South Florida and SMPS South Florida

March 26, 2026 - Deerfield Beach, Fla.

Healthcare Owners' Roundtable

Organized by AMFP Indiana
March 26, 2026 - Indianapolis

11th Greater New York Hospital, Outpatient Facilities & Medical Office Buildings Summit™

Organized by SquareFootage.net and AMFP
Apr. 16, 2026 – New York City, NY

11th North Texas Hospital, Outpatient Facilities & Medical Office Buildings Summit™

Organized by SquareFootage.net and AMFP
May 07, 2026 – Plano, TX

9th New England Hospital, Outpatient Facilities & Medical Office Buildings Summit™

Organized by SquareFootage.net and AMFP
May 28, 2026 – Boston, MA

11th Houston Hospital, Outpatient Facilities & Medical Office Buildings Summit™

Organized by SquareFootage.net and AMFP
Apr. 16, 2026 – Houston, TX

5th St. Louis Hospital, Outpatient Facilities & Medical Office Buildings Summit™

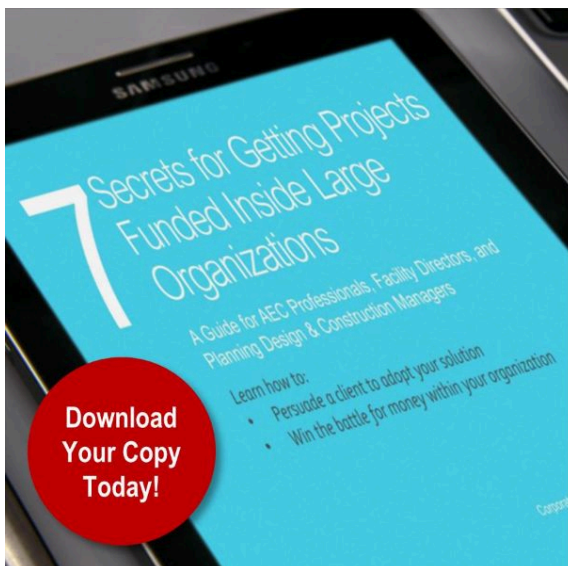
Organized by SquareFootage.net and AMFP
Jul 16, 2026 – St. Louis, MO

2026 IFHE World Congress

Organized by The International Federation of Healthcare Engineering and AMFP
Oct. 17-20, 2026 – New Orleans

Healthcare Design Conference

Organized by Emerald Expo and sponsored by AMFP
Oct. 17-20, 2026 – New Orleans



It's a Battle for Money

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